

B

Super Smarts!

E

MAXIMUM
BRAIN
CAPACITY

E

T

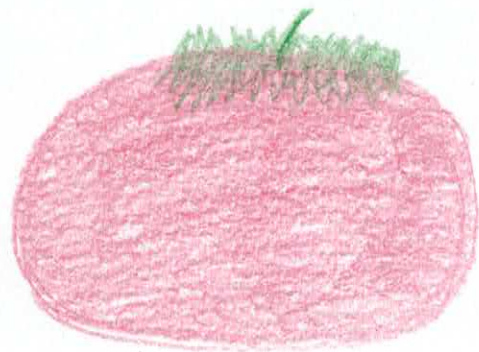
S



Tomatoes

EAT FOR...

Glowing
skin!



Arugula

EAT FOR...

- ➔ STRENGTH!
- ➔ HEALTHY BLOOD!
- ➔ IMMUNITY!



BASIL

HEALTHY FOR YOU!

Blood
and
Bone
Health!



Brussel



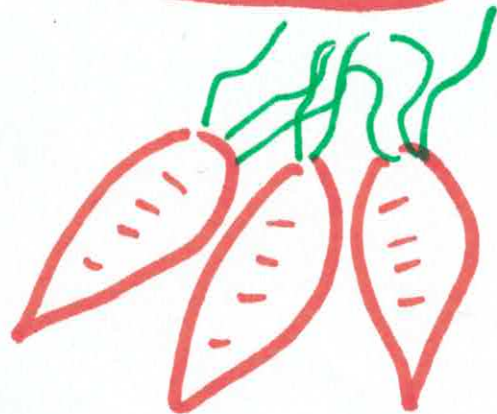
Sprouts



Eat for:

- ✓ Lots of Energy
- ✓ Healthy & Strong Muscles

CARROTS



WHY?



- Healthy Eyes
- Happy Tummy

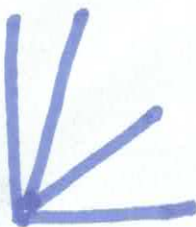
Zucchini



- Healthy Tummy
 - Strong Muscles
 - Strong Bones
- # Summer Squash

Super
Healing & Brain Power

Sage



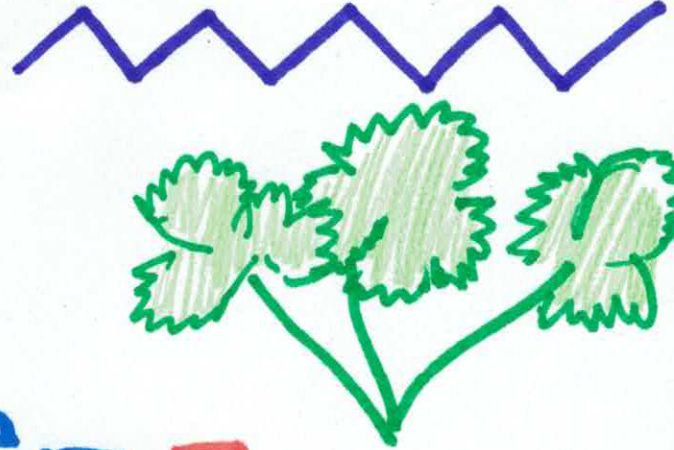
Cucumbers



Eat cucumbers for

- Healing
- STRONG BONES
- Hydration

Cilantro



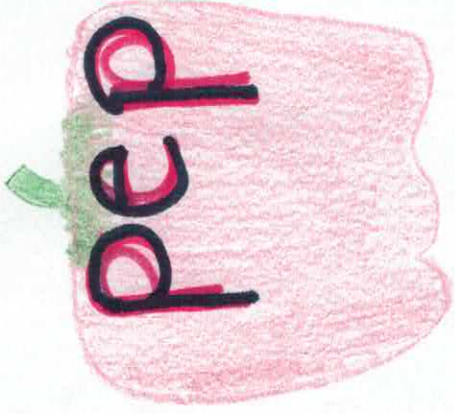
EAT For

- ★ Healing cuts & scrapes
- ★ Strong Muscles & BONES

S → Stay Healthy
- P → Extra Energy
- I → Strong Bones
- N → Great EYES
- A
- C
- H

A simple drawing of three green leaves with stems growing out of a horizontal line representing soil.

BELL



PEPPERS

ENDLESS
ENERGY

PARSLEY

- BRAIN POWER -

- HEALTHY BLOOD -

- IMMUNITY -