

Vegetable Families

1. **Legumes** include peas and beans of all kinds
2. The **goosefoot/chenopodiaceae family** includes beets, swiss chard and spinach.
3. The **mustard/brassica family** includes cabbage, collards, Brussels sprouts, kale, cauliflower, broccoli, kohlrabi, turnip, horseradish, mustard, watercress and radish.
4. The **parsley/umbelliferae/roots family** includes carrot, parsley, celery, dill, cilantro, fennel and parsnip.
5. The **nightshade/solanaceous/tuberous family** encompasses potato, tomato, eggplant, tomatilla and pepper.
6. The **cucurbit/gourd family** includes summer squash, winter squash, pumpkin, watermelon, cantaloupe, gourd, melon and cucumber.
7. The **composite family** includes lettuce, endive, salsify, sunflower, artichoke and Jerusalem artichoke.
8. The **Alliums/lily/amaryllidaceae family** includes onion, garlic, leek and chives.
9. The **grass family** includes sweet corn.
10. The **mallow family** includes okra.
11. The **convolvulaceae** includes sweet potato.
12. The **polygonaceae** includes rhubarb, sorrel

Rotations

Bed	1st Year	2nd Year	3rd Year	4th Year
Bed 1 -	Legumes	Brassicas	Roots/tuberous	Alliums
Bed 2 -	Brassicas	Roots/tuberous	Alliums	Legumes
Bed 3 -	Roots/tunerous	Alliums	Legumes	Brassicas
Bed 4 -	Alliums	Legumes	Brassicas	Roots/tuberous